

## **What to expect on the day of your procedure:**

**Registration:** Please bring your insurance card, deductible and/or co-pay.

You will be asked to review and sign our Privacy Policy

If you are having any form of sedation you will need a responsible person to REMAIN in the endoscopy center until discharge to review discharge instructions, and accompany you / drive you home.

We strive for efficiency and safety in our unit. Please allow 1-2 hours for the exam and recovery period. Sometimes patients may require somewhat longer recovery time. Safety always comes first.

**Admitting:** Please bring your glasses, your CPAP if you use one, and medication list.

Please leave all valuables at home. Wear something loose and comfortable.

We will verify your medical history and med list, sign your consents and you will speak with our anesthesiologist.

We will start an IV for fluids and medication to be provided.

**Procedure Room:** You will be transferred to the procedure room on a stretcher.

You will talk with the nurse, CRNA (nurse anesthetist) and your doctor before your exam. The team will confirm what exam you are having done.

The staff will place monitors to watch your heart rate and blood pressure, and will give you oxygen before you receive medication.

**Recovery Room:** You will remain on the stretcher until you are fully awake.

The nurse will monitor your vital signs, and will provide you with something to drink once you are awake.

If you have had a colonoscopy, you will need to pass gas (flatus) before you go home.

Your doctor will discuss the findings of your exam with you, and your family if you wish.

Your IV will be discontinued **after** you get dressed this is just in case you get sick and/or dizzy after getting dressed then we will not have to rush to find another site to treat you if necessary.

You will be discharged in the care of a family member or friend. You will not be able to drive on the day of your procedure.