



## FLEXIBLE SIGMOIDOSCOPY

Purchase two fleet enemas (disposable and available over the counter at the drug store).

You take one fleet enema at least two hours prior to your appointment and take the second fleet at least one hour prior to your appointment.

Patients scheduled with any form of sedation in the morning (7-1215) will need to have nothing to eat or drink after midnight.

Patients scheduled with any form of sedation in the PM (1230-1530) light food up until midnight then clear liquid until 7 am.

If you are having **any form of sedation** you will need a **responsible Person to REMAIN** in the endoscopy center until discharge to review discharge instructions, and accompany you / **drive you home**.

Taking a regular cab or Medicaid cab is only allowed if you have a **responsible Person accompanying you home**. Otherwise, you are responsible for arranging your own **Medical transport**. Please call the office for a list of approved medical transport in the area.

DATE: \_\_\_\_\_ ARRIVAL TIME: \_\_\_\_\_ PROCEDURE TIME: \_\_\_\_\_

Report to:

**\* Endoscopy Center of CNY, 4308 Medical Center Drive Suite 308,  
Fayetteville, NY 13066**